



BROWN & CROUPPEN

Resource Directory

This Directory gathers into one place many of the resources and services that are available throughout the metropolitan and Jefferson County area. In addition to addresses and phone numbers, we've provided the website address for most these organizations. Looking at an agency's website will provide more information about the place before you call them or go there.

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www.StartHereSTL.org

Visit the Start Here website for more information about the organizations listed as well as additional updated listings.

PUBLIC LIBRARIES
provide computers and computer labs that give immediate access to the internet.

HOTLINES & WEBSITES

Alcoholics Anonymous (AA)	314-647-3677
ALIVE-Domestic Violence	314-993-2777
Call For Help Metro East.....	618-397-0968
Cocaine Anonymous (CA).....	314-361-3500
Covenant House Youth Hotline	800-999-9999
Crisis Nursery Emergency Care for Children	314-768-3201
Epworth Street Outreach (YES).....	314-727-6294
GED Hotline	800-626-9433
Life Crisis Suicide Hotline.....	314-647-4357
MO Child Abuse and Neglect.....	800-392-3738
Narcotics Anonymous (NA)	314-830-3232
Runaway Switchboard.....	800-621-4000
Safe Connections-Domestic Violence	314-531-2003
Women's Safe House	314-772-8952
Youth In Need Hotline	636-946-3771

2-1-1 (Operated by United Way 24/7)

www.211.org Alt. Number: 800-427-4626

Counseling, education, employment, utility assistance, etc. Mainly referrals. Includes information on weather shelters and parish food pantries..

AFFORDABLE CARE ACT HEALTH INSURANCE (Obamacare)

www.HealthCare.gov

MISSOURI HEALTH CARE MARKETPLACE

www.EnrollMissouri.org 24-Hour Hotline: 800-318-2596

Hotline handles consumer questions and starts the process.

CATHOLIC CHARITIES

www.ccstl.org 314-367-5500

COVER MISSOURI (The Health insurance Marketplace)

www.covermissouri.org 800-318-2596

AID TO VICTIMS OF CRIME Hotline: 314-652-3623

BEHAVIORAL HEALTH RESPONSE

www.bhrstl.org 24-hour Crisis Line: 314-469-6644 or 800-811-4760

CHILD ABUSE AND NEGLECT HOTLINE

800-392-3738

ENERGY CARE

www.energycare.org 314-773-5900

Energy-related services for the low-income elderly, ill, disabled and families with young children in St. Louis City and County.

HOMELESS HOTLINE (KANSAS CITY AREA) 816-474-4599
HOMELESS HOTLINE ST. LOUIS: HOUSING RESOURCE CENTER
314-802-5444 800 N. Tucker Blvd. 63101

Hotline for centralized access to homeless shelters and other housing programs. Most facilities require a referral from the Housing Resource Center.

HUNGER HOTLINE

Operation Food Search: 314-726-5355 Ext. 3

This organization provides an automated list of food pantries by zip code.

www.medicaid.gov

Low cost health insurance through Medicaid or CHIP (Children's Health Insurance Program). Includes more information about health ins. coverage.

MID-EAST AREA AGENCY ON AGING

www.mid-eastaaa.org

www.mid-eastaaa.org 636-207-0847 or 636-207-1323

NATIONAL ALLIANCE FOR MENTAL HEALTH (NAMI)

Nation-wide Suicide Prevention

www.nami.org HOTLINE number: 800-273-8255

The NAMI website provides resources and information about mental illness.

NATIONAL DOMESTIC VIOLENCE

800-799-SAFE (7233) or 800-787-3224

NATIONAL SEXUAL ASSAULT

800-656-HOPE (4673)

PARAQUAD

www.paraquad.org 314-289-4200

Advocacy and programs to provide independence for people with disabilities.

ST. LOUIS CITY GOVERNMENT WEBSITE www.stlouis-mo.gov

ST. LOUIS COUNTY GOVERNMENT WEBSITE www.caastlc.org

ST. LOUIS YOUTH CONNECTION

www.youthinneed.org

24 hour Helpline: 314-628/2929 or 877/928-2929 Text: 4HLP to 31658

www.socialserve.com or 1-877/428-8844

Rental Listings at low or subsidized rates

www.HomelessShelterDirectory.org

A website for shelters and resources in out-state Missouri.

URBAN LEAGUE

www.ulstl.com 314-615-3600

Many of the organizations listed here receive grants and federal funds. They are mandated to provide services and assistance, so take your time going through the book, read the requirements and make use of what they have to offer.

AFFORDABLE CARE ACT (Obamacare)

www.HealthCare.gov. and www.EnrollMissouri.org 800-318-2596. This is a 24-hour hotline that handles consumers' questions.

The Missouri website **www.enrollmissouri.org** is essentially a portal for **www.HealthCare.gov**. There is some extra information at the Missouri website, so it might be useful to start here.

HOUSING RESOURCE CENTER

800 North Tucker 63101

314-802-5444

Most (but not all) of the shelters and transitional housing locations in both the city and county require a referral from the Housing Resource Center, (HRC) so you can save yourself some time by calling the above number or visiting their downtown location first. Start calling at 8:00 am to be assigned to a shelter for that night. The Housing Resource Center is located in the same building as St. Patrick Center but they are separate agencies.

PEOPLE'S COMMUNITY ACTION CORPORATION

An Affiliate of Betty Jean Kerr People's Health Centers

www.pcacstl.org Below are the main locations:

Central City Office: 2012 Martin Luther King Dr. 63106 314-269-5210

Cook Elementary School: 5935 Horton Pl. 63112 314-862-6270

6827 S. Broadway (at Longborough Ave.) 63111 314-353-1457

SAINT LOUIS COUNTY DEPARTMENT OF HEALTH

www.stlouisco.com

Many locations and resources. Go to the County website and click on the tab Health & Wellness.

ST. PATRICK CENTER

800 North Tucker 63101

www.stpatrickcenter.org 314-802-0700

The St. Patrick Partnership Center is a one-stop location downtown that offers more than 25 programs and 13 partner organizations, all in one place. Programs include: Direct Assistance (food, clothing, utilities, hot lunches, etc.); Referrals to Shelters; Rental and Mortgage Payment Assistance; Counselling; Tutoring and GED classes; Health and Dental Care through Grace Hill; Mental Health Services; Legal Services; Day Care; Life Skills, small business development, and more. Shamrock Club provides employment training, financial counseling, 12-step and substance abuse counseling, (and dinner).

www.fcc.gov/lifeline

A website for free or discounted cell phones.

www.dss.mo.gov/offices

Information and locations for the Missouri Department of Social Services.

HOW TO CONTACT AGENCIES AND GET RESULTS

1. Take notes. Have paper and pencil ready when you make a call. Be ready to give a brief but complete account of what you need. Eliminate unrelated information.
2. Be ready to provide your full name and contact information such as how or where you can be reached or get messages.
3. If your inquiry involves an agency that uses an identifying case or file number, have that ready.
4. Be sure to record the name and title of people you talk to and confirm their phone numbers in your notes.
5. Keep your notes together on all of your contacts to each agency so that you can supply information when you make follow-up calls.
6. Take the time to say THANK YOU to those who assist you!

STREETWISE SAFETY TIPS

Stay Alert and tuned into your surroundings wherever you are.

Act as if you're calm, confident, and know where you're going.

Don't accept rides from someone you don't know and/or trust.

Trust your instincts. If something or someone makes you uneasy, avoid the person or situation and leave as soon as possible.

Know the neighborhoods where you spend time, including locations of fire and police stations, as well as the DOWNTOWN GUIDES riding bikes in yellow shirts.

Try to walk places with your friends rather than alone.

Stick to well-lighted, well traveled streets. Avoid shortcuts through wooded areas, parking lots, or alleys.

Take the safest route when traveling on foot.

Don't display your cash or any other inviting targets such as cell phones.

Carry your backpack or purse close to your body and keep it closed.

If you are just carrying your wallet. Put it inside your coat or a pocket, not in your backpack. Keep your I.D. and other important papers safe and close.

If you think you are being followed switch directions or cross the street. If they're still there, move quickly toward an area with more people. Don't be afraid to yell for help. Or try walking into a store or other public area.

If someone tries to rob you give up your property – don't give up your life. Report the crime to the police immediately. Try to describe the attacker accurately. Your actions can help prevent others from becoming victims.

Be alert and report suspicious activity.

CLOTHING

CHAPEL FOR THE EXCEPTIONAL

3436 Winnebago (at Tennessee) 63118

314-776-7172

Lunch/Soup kitchen: Monday-Friday 12:00 pm-12:30 pm.

Food Pantry: 2:00 pm-2:30 pm Monday and Friday when available. Call first if possible.

CONNECTIONS TO SUCCESS and DRESS FOR SUCCESS

www.connectionstosuccess.org

2125 Bissell (No street sign - In the Grace Hill building near Grand and Florissant) 63107 314-584-6887

3000 Little Hills Expressway St. Charles 63301 636-940-8027

Monday-Friday 9:00 am-4:00 pm. Both organizations provide clothing for job interviews and outfits for starting work before the first paycheck. Also, counseling and job readiness. They work with men and women who have been incarcerated, as well as other job seekers. Grace Hill address for women only. Call to make an appointment if possible.

DREAM CENTER

4324 Margaretta Ave. 63115

www.stldreamcenter.org 314-381-0700

Clothing Boutique. Distributes new and gently used clothing and accessories at no charge. Open to the public Monday, Tuesday, Wednesday, and Friday 1:00 pm-3:00 pm. Closed Thursdays.

GUARDIAN ANGEL/HOSEA HOUSE

2635 Gravois 63118

www.gasastl.org 314-773-9027

Zip codes 63104 and 63118 only. They are open every day but an appointment is needed. Call the above number to schedule times. Also food pantry.

ISAIAH 58 MINISTRIES

2149 South Grand 63104

314-776-1410

Provides help with clothing and is also a food pantry. Serves area between Chouteau and Chippewa, between Jefferson and Kingshighway. Monday-Friday, 10:00 am-1:00 pm.

JOINT NEIGHBORHOOD MINISTRY

2911 McNair Ave. 63118

314-771-3987

Clothing and Food Pantry Monday, Wednesday and Friday 9:30 am-noon. A nurse is available during these hours.

KAREN HOUSE**1840 Hogan 63106****314-621-4052**

Every Thursday 1:00 pm-3:00 pm they offer free clothing.

KINGDOM HOUSE**1321 S. 11th St. 63104****314-421-0400**

Many family support services including trips to the food pantry and thrift shop. Zip codes 63104 and 63118 only. Call first.

NEW LIFE EVANGELISTIC CENTER**1411 Locust 63103****www.newlifeevangelisticcenter.org 314-421-3020**

Free clothing. Monday-Friday 10:00 am-noon.

ST. AUGUSTINE'S CATHOLIC CHURCH (FATHER BOB'S)**1371 Hamilton Ave. 63112****www.st-augustine-stl.org 314-385-1934**

Food pantry and clothing Monday, Wednesday, and Friday 9:30 am-11 am. Matching fund utility aid starting at 6:00 am Monday, Wednesday, and Friday. They match \$25.

ST. VINCENT DE PAUL CHURCH**1408 South 10th St. 63104****314-231-9328**

Free clothing Tuesday noon-1:30 pm.

ST. PATRICK CENTER**800 N. Tucker 63101****www.stpatrickcenter.org 314-802-0700**

Tuesday and Thursday 1:00 pm-2:30 pm. Every second Saturday 8:00 am-noon.

www.svdpstlouis.org/thrift-stores

for DADS

BETTER FAMILY LIFE

5415 Page Blvd. 63112 (Note: new location.)

www.betterfamilylife.org 314-367-3440

Workforce development and many other programs offered by this long time St. Louis agency. Social, cultural, artistic, youth, economic, housing and educational programs that help to promote positive and innovative changes within the metropolitan St. Louis area. Much of BFL's programming is geared towards people who are unemployed, underemployed, disadvantaged and need skill enhancement. Numerous programs and initiatives.

CHILD SUPPORT HOTLINE

800-859-7999

Supportive services and information, including genetic testing and updates on cases.

CONNECTIONS TO SUCCESS

See page 8 for info about this outreach program for job success.

EMPLOYMENT CONNECTION

2838 Market Street 63103

www.employmentstl.org 314-333-JOBS (5627)

Pathways to responsible fatherhood. Includes parenting, economic stability and legal services. See page 12 for more information on Employment Connection.

THE FATHERHOOD INITIATIVE

1911 North Taylor 63113

www.ccstl.org 314-535-0017

For men who may or may not be fathers. An eight-week intensive program, that meets for several hours daily. Helps men learn how to engage with their children in positive ways and take on the responsibilities of fatherhood. Also includes legal services. A Catholic Charities program.

FATHERS SUPPORT CENTER

Prince Hall Family Support Center

4411 N. Newstead 63115

www.fatherssupportcenter.org 314-333-4170

A comprehensive menu of programs and services for men who want to become responsible fathers. The Fathers' Support Center Legal Clinic offers legal advocacy and legal services in the areas of child support payment modifications, legal visitation, etc. Also, employment services.

www.fatherhood.org/insideoutdad

A national program that works to develop strong relationships between fathers who have been incarcerated and their children. Check this website for ideas and resources.

DROP-IN CENTERS

THE BRIDGE OUTREACH

1610 Olive St. 63103

www.bridgestl.org 314-421-3136

Open hours are Monday-Thursday 6:30 am-6:00pm and Friday 6:30 am-2:00 pm. Services include three meals a day, permanent mailing address service, hygiene items, and referrals to other agencies. Birth certificates and state IDs: Tuesdays 8:00 am-12:30 pm. Also provides the use of restrooms, on-site health services, phones to make local calls, social work services, and spiritual services.

HORIZON CLUB (Open 24 Hours a Day)

202 N. 23rd St. 63103

314-436-1733

This 24-hour safe haven offers showers, coffee, access to agencies, computers/internet access, microwave, laundry, lockers, access to transitional housing. Grace Hill nurses are available on Tuesdays from 2:00 pm-3:30 pm. Substance abuse counselors are also available.

PLACES FOR PEOPLE WELCOME CENTER

4130 Lindell Blvd. 63108

www.placesforpeople.org 314-615-2111

You can set up an appointment, but it is not mandatory. The Places for People Welcome Center has walk-in hours Monday-Friday 9:00 am-noon. Walk-ins will meet with an intake clinician for screening, information and referrals.

ST. LOUIS EMPOWERMENT CENTER

Depression Bipolar Support Alliance (DBSA)

1908 Olive St. 63103

www.dbsaempowerment.org

314-652-6100 Friendship Line: 866-525-1442

A drop-in center for mental health and substance abuse recovery self-help meetings. Open 365 days a year 9:00 am-3:00pm. Lunch daily. Many support groups, programs and employment classes.

THE SPOT for ages 13-24

4169 Laclede 63108

www.thespot.wustl.edu 314-535-0413

A drop-in center with computers, medical care, HIV testing, showers, laundry, and more. Open 1:00 pm-5:00 pm weekdays.

WOMAN'S PLACE

www.womansplacestl.org

8300 Morganford 63123 (in the back of St. Mark Church) 314-645-4848

Monday-Friday 10:00 am-5:00 pm.

4116 McClay 63304 St. Charles 636-373-7911

Monday-Thursday. Call for times.

EMPLOYMENT & TRAINING

AMERICORPS

1315 Ann Ave. 63104

www.americorps-stl.org 314-772-9002

Year-round recruitment for people to work in education and disaster relief.

Community Action Agency of St Louis County (CAASTL)

2709 Woodson Rd 63114 314-863-0015 www.caastlc.org

Assists residents of St Louis County meet the terms of their probation and parole, including GED, money management, counseling, family development, job readiness and placement.

CRAIGSLIST

www.craigslist.org

Website only. Look for St. Louis, and see the many jobs that are listed there. They also list housing, items for sale, and other services.

Department store and retail listings, info, and applications.

www.department-store-applications.com

EDUCATIONAL OPPORTUNITY CENTERS

4495 Forest Park Avenue 63108 314-535-6670

Part of the federally-funded TRIO program. The Educational Opportunity Centers provide free educational counseling to assist individuals in furthering their education beyond high school. Call for an appointment

EMPLOYMENT CONNECTION

2838 Market Street 63103

www.employmentstl.org 314-333-JOBS (5627)

Free employment services to ex-offenders and persons who have a barrier to finding and maintaining employment, and to St. Louis area businesses who are seeking qualified job applicants. World of Work (WOW) training is Monday-Thursday 9:00 am-3:30 pm. Call to schedule WOW orientation session.

GREAT HIRES

www.greathires.org

The official workforce resource website for the State of Missouri. Extensive job listings.

JEFFERSON ONLINE INFORMATION NETWORK (JOIN-N)

www.join-n.org

A comprehensive list of resources and information throughout Jefferson County, including medical, housing and employment services.

JOB CORPS CENTER**4333 Goodfellow Boulevard 63120****www.stlouis.jobcorps.gov 314/679-6200**

Job Corps is a no-cost education and career technical training program administered by the U.S. Department of Labor that provides career technical and academic training for ages 16 through 24.

KINGDOM HOUSE**1321 South 11th Street 63104****www.kingdomhouse.org 314-421-0400**

A variety of programs and classes, including job readiness, GED, ESOL.

MERS GOODWILL INDUSTRIES**1727 Locust St. 63103****www.mersgoodwill.org 314-241-1133**

Many programs and locations, including services for veterans. Juvenile Justice helps youth in juvenile detention centers find employment and obtain a GED.

METROPOLITAN EDUCATION & TRAINING CENTER (METCENTER)**6347 Plymouth Ave. 63133****www.metcenterstl.com 314-746-0700**

Accessible job training, placement, assessment, career development services and transportation services.

MISSOURI DEPT. OF LABOR AND INDUSTRIAL RELATIONS**www.dolir.mo.gov 573-751-9691**

Information about wages, unemployment compensation, etc. and a good source for potential employers looking for incentives to hire individuals with criminal histories.

MISSOURI RE-ENTRY PROGRAM (MRP)**www.worksmart.ded.mo.gov 573-526-1664****MORE THAN CARPENTRY****1259 Stephen Jones Ave. 63133****www.morethancarpentry.org 314-862-0515**

Learn the trade of cabinet making, including furniture and millwork through carpentry education and apprenticeship training.

NEAR SOUTHSIDE EMPLOYMENT COALITION**2649 Pestalozzi St. 63118****www.nsecworks.org 314-865-4453**

Training and job placement services. History of working successfully with ex-offenders. Develop computer skills and interviewing.

REDEVELOPMENT OPPORTUNITIES FOR WOMEN (ROW)**www.row-stl.org****City Office: 306 North Tucker 63101 314-588-8300****County Office: 2709 Woodson Road 63114 314-863-0236**

ROW focuses on economic independence and employment opportunities.

Rent and utility assistance, as well as a variety of support services.

Also, employment assistance and access to continued vocational education; child care and transportation assistance; and access to a savings program, through an Individual Development Account.

SLATE MISSOURI CAREER CENTER (SLATE MCC)**www.stlworks.com**Provides training and job placement services to the St. Louis City's adult workforce. **See below for career center locations and phone numbers.****ST. LOUIS CITY - SLATE CAREER CENTER**

1520 Market Street Room 3050 63103 314-589-8000

ST. LOUIS CITY - CENTRAL CAREER CENTER

4811 Delmar Blvd. 63108 314-877-0916

ST. LOUIS COUNTY - NORTH OAKS CAREER CENTER

26 North Oaks Plaza 63121 314-381-6700

ST. LOUIS COUNTY - FLORISSANT CAREER CENTER

4040 Seven Hill Dr., Suite 166 Florissant 63033 314-475-7900

ARNOLD CAREER CENTER

3675 West Outer Rd., Suite 102 Arnold 63010 636-287-8909

ST. CHARLES CAREER CENTER

212 Turner Blvd. St. Peters 63376 636-255-6060

WASHINGTON CAREER CENTER1108 Washington Square Shopping Center, Washington 63090
636-239-6703**TEMPORARY AGENCIES**

There are too many to list here, but temporary agencies can be a first step toward permanent employment. Do a computer search for "temp agencies" and you'll find many to choose from. Here are a few:

KELLY SERVICES1 Metropolitan Sq., #2180 63102 www.kellyservices.com 314-421-4111**LABOR READY**1811 S Broadway 63104 www.laborready.com 314-776-0600**MANPOWER (They also work with women)**200 N Broadway #120 63102 www.manpower.com 314-241-1356**NEXTEMPS INDUSTRIAL STAFFING**7390 St. Charles Rock Rd. 63133 www.nextempsnow.com 314/727-1060**UNEMPLOYMENT INSURANCE**

314-340-4950

Automated claim processing and information number.

URBAN LEAGUE

www.ulstl.com 314-615-3600

3701 Grandel Square 63108

Call or check website for nine more locations through the area.

Job Search Assistance, career counseling, job readiness training, job referrals, job development and placement, case management. Also utility assistance.

ST. LOUIS CITY DIVISION

935 N. Vandeventer 63108 314-615-3600 Ext. 642

ST. LOUIS COUNTY DIVISION

8960 Jennings Station Rd. 63136 314-388-9840

ST. CLAIR COUNTY DIVISION

10220 Lincoln Trail Fairview Heights, IL 62208 618-274-1150

VOCATIONAL REHABILITATION

220 S Jefferson St., Room 110 63103

314-877-2940

In addition to this downtown location, there are three other offices in the St. Louis area and many more throughout the state.

www.access-construction-metrostl.com

For jobs and apprenticeships in construction.

www.careeronestop.org

www.cap4kids.org

Many employment resources on this extensive website.

The Workforce Solutions Group (Accelerated Job Training)

St. Louis Community College's Corporate College.

3221 McKelvey Road Bridgeton 63044

http://www.stlcc.edu/Workforce-Solutions 314-539-5302

Develops industry-specific training in partnership with the college's campuses and local employers to help adults retrain for in-demand occupations in shorter duration formats. Program offerings are based on demand and the availability of funding or industry partner participation.

YOUTHBUILD ST. LOUIS

Operation Excel YouthBuild

93 North Oaks Plaza 63121 314-261-0202

www.youthbuild.org

YouthBuild St Louis Americorps is an alternative education, construction training, employment, and leadership development program serving low-income St Louis youth ages 18-24 who have not completed high school.

FOOD PROGRAMS & PANTRIES

You can apply for emergency or regular food stamps at the locations below or any Division of Family Services office in the city or county of St. Louis. For information about the Food Stamp (SNAP) program and free application screening, visit: www.dss.mo.gov/fsd/fstamp.

EMERGENCY FOOD STAMPS/SNAP PROGRAM

www.dss.mo.gov/fsd/fstamp.

Info Line: 855-373-4636 Ext. 2

EBT Customer Service Line: 800-997-7777

3101 Chouteau 63103 314-256-7000

4411 N Newstead Ave., 3rd Floor 63115 314-877-2000

Income Maintenance: 314-877-2400

HUNGER HOTLINE

Operation Food Search 314-726-5355 EXT. 3

This organization provides an automated list of food pantries by zip code. You'll be directed to put in your zip code, and they'll give a list of all of the pantries in your area. Have a pen and paper ready. They'll give lots of information.

MEALS ON WHEELS

314-612-5918 www.mowaa.org/

Must be over 60 or disabled.

EMERGENCY FOOD

St. Louis offers a variety of places to go for emergency food. We've listed some of them by zip code. Times can change so, if possible, call first.

63101

SHAMROCK CLUB AT ST. PATRICK'S CENTER

800 N. Tucker 63101 314-802-0700

Lunch: Monday-Friday 12:00 pm-1:00 pm

63103

NEW LIFE EVANGELISTIC CENTER

1411 Locust 63103 314-421-3020

Lunch every day: 11:00 am-12:30 pm

Sandwiches at the door every evening: 5:00 pm-6:00 pm

Dinners are for residents only.

Free clothing every day: 10:00 am-12:00 pm.

THE BRIDGE OUTREACH**1610 Olive St. 63103****www.bridgestl.org 314-421-3136**

The Bridge shares space with Centenary United Methodist Church, two blocks west of the downtown library. Open hours: Monday-Thursday 6:30 am-6:00 pm, and Friday 6:30 am-2:00 pm.

SOCIETY OF ST. VINCENT DE PAUL**100 N. Jefferson Ave. 63103****www.svdpstl.org 314-881-6000**

Sandwiches at the door Monday-Friday 9:00 am-4:30 pm.

CHRIST CHURCH CATHEDRAL**1210 Locust 63103****314-231-3454**

Breakfast every Saturday 7:30 am-8:30 am.

FATHER DEMPSEY'S HOME**3427 Washington 63103****314-535-7221**

Soup line and snacks, Monday-Friday 12:00 pm-12:45 pm. (See the housing section of this book for information about the transitional housing for men available at this location.)

63104 and 63118**CHAPEL FOR THE EXCEPTIONAL****3436 Winnebago (at Tennessee) 63118****314-776-7172**

Lunch/soup kitchen: Monday-Friday 12:00 pm-12:30 pm.

Food pantry: Monday and Friday when available 2:00 pm-2:30 pm.

Call first if possible. Clothing every day. Furniture when available at no cost.

GUARDIAN ANGEL/HOSEA HOUSE**2635 Gravois 63118****www.gasastl.org 314-773-9027**

Call to make an appointment for their shopping style food pantry. Weekdays 9:00 am-4:30 pm. 63104 and 63118 only.

JOINT NEIGHBORHOOD MINISTRIES**2911 McNair 63118****www.jnministry.org 314-771-3987**

Monday, Wednesday, Friday 9:30 am-12:00 pm

Call first. Other programs available.

ISAIAH 58 MINISTRIES**2149 South Grand 63104 314-776-1410**

Provides help with clothing and is also a food pantry. Serves area between Chouteau and Chippewa, and between Jefferson and Kingshighway.
Tuesday-Thursday 10:00 am-1:00 pm.

SOUP ALLEY/TRINITY LUTHERAN CHURCH**812 Soulard Ave. 63104 314-231-4092**

Noodles and other food distributed Monday-Friday 9:00 am-10:30 am and Saturday 10:00 am-11:00 am. In the Alley. Bags of groceries are available on Fridays 9:00 am-10:30 am.

SAINTS PETER AND PAUL CATHOLIC CHURCH**1919 S 7th St. 63104****www.ppcsinc.org 314-231-9923**

Lunch: 2nd-21st of each month and every Saturday and Sunday, 12:00 pm-12:45 pm. Dinner: 2nd -21st of each month. Monday-Friday 5:00 pm-5:45 pm.

ST. VINCENT DE PAUL CATHOLIC CHURCH**1408 S. 10th Street 63104****314-231-9328**

Lunch: Monday-Saturday 11:00 am-1:00 pm. Coffee and sandwiches: Sundays 10:15 am-11:15 am. Dinner the 22nd to the 1st of the month: 5:00 pm-6:00 pm.

63105**SAINT LOUIS BREAD COMPANY CARES COMMUNITY CAFE****10 S. Central 63105****314-725-9666**

Pay what you can afford for selected items on their menu. Volunteer opportunities available in exchange for meals.

63106**GATEWAY 180****1000 North 19th St. 63106****www.gateway180.org 314-231-1515**

Brown bag lunches all day Monday-Friday.

KAREN HOUSE**1840 Hogan 63106****www.karenhousecw.org 314-621-4052**

Cold sandwiches every day, all day. Lunch: Monday, Wednesday, Friday 12:30 pm-3:30 pm.

PEOPLE'S CENTER**2012 Martin Luther King Dr. 63106****www.pcacstl.org 314- 269-5210 Main**

Call for food pantry hours, other services and more locations.

63108

TRINITY EPISCOPAL CHURCH

600 North Euclid Ave. 63108

314-361-4655

Hot meal every Sunday 2:00 pm. Food pantry every Tuesday-Thursday 1:30 pm-3:00 pm. Need to register first so bring a social security card for each member of the family.

PILGRIM CONGREGATIONAL/UNITED CHURCH OF CHRIST

826 N. Union 63108

314-367-8173

Lunch: Wednesday 12:00 pm-1:00 pm. Food Pantry every first and third Wednesday 10:00 am-11:30 am.

63111

PEOPLE'S CENTER SOUTH CITY

6827 S. Broadway 63111

www.pcacstl.org 314-353-1457

Call for food pantry hours.

ST. TRINITY LUTHERAN CHURCH

517 Koeln 63111

314-353-3276

Food pantry Monday, Wednesday, Saturday 9:00 am-11:00 pm.

63112

PEOPLE'S CENTER COOK ELEMENTARY SCHOOL

5935 Horton Pl. 63112

www.pcacstl.org 314-862-6270

Call for food pantry hours.

ST. AUGUSTINE CATHOLIC CHURCH (FATHER BOB'S)

1371 Hamilton Ave. 63112

314-385-1934

Food pantry and clothing: Monday-Friday 9:30 am-11:00 am. Utility assistance starts 6:00 am. Dinner: last five working days of the month 4:00 pm-5:00 pm.

63113

WEST SIDE MISSIONARY BAPTIST CHURCH

4675 Page Boulevard 63113

314-535-9002

Dinner: Monday, Wednesday, Friday 5:30 pm-6:30 pm. Food pantry: Tuesday, Wednesday, Thursday 11:00 am-1:00 pm.

**Information about Parish Church Pantries is now
(only) available by calling United Way/ 2-1-1.**

63115**St. Louis Dream Center****4324 Margaretta Ave. 63115****www.stldreamcenter.org 314-381-0700**

Food pantry: Monday, Tuesday, Wednesday, and Friday: 10:00 am-12:00 pm, and 1:00 pm-3:00 pm. Saturday: 11:00 am-1:00 pm. Sunday: 10:30 am-11:00 am and 12:30 pm-1:00pm. Many more services offered.

KOSSUTH CHURCH OF GOD IN CHRIST**3225 North Taylor Ave. 63115 31-4652-4163**

Food Pantry Thursday 8:30 am-10:00 am.

ALL SAINTS EPISCOPAL CHURCH**5010 Terry 63115****314-367-2314**

Call the church for information on meals, food, and other aid.

63118**ST. ANTHONY'S CHURCH****3140 Meramec St. 63118****314-352-1460**

Food and clothing Monday and Thursday 10:00 am-Noon, and Wednesday 4:30 pm-6:00 pm. Legal assistance on the 4th Thursday of the month. Call for appointment.

63119**WEBSTER-ROCK HILL MINISTRIES****111 Waymire 63119****314-961-5082**

Monday-Friday 8:30 am-11:30 am.

63125**Feed My People****171 Kingston Dr. 63125****314-631-4900**

Monday-Friday 9:00 am-3:00 pm. Saturday 9:00 am-12:00 pm.

63135**PAKT Community Resource Center****500 Airport Road Ferguson, MO 63135****www.paktcenter.org 314-524-2710**

Rent and utility assistance, food pantry, after-school program & much more.

63088**CIRCLE OF CONCERN****112 St. Louis Ave. Valley Park****636-861-2623**

Parkway, Rockwood & Valley Park School Districts. Mor

63101**ARNOLD FOOD PANTRY****2024 Key West Drive, Arnold MO 63101****636-287-3663 / arnoldfoodpantry@sbcglobal.net****<http://www.wefeedthehungry.org/>**

Area Served: Arnold and Imperial and part of Fenton.

Collection Hours: 8 a.m. to 3 p.m. weekdays; 8 a.m. to 12 noon Saturdays.

Distribution Hours: Call Wednesday between 9 a.m. and 12 Noon to schedule Thursday pickup.

63101**SALVATION ARMY CHURCH FOOD PANTRY****3740 Telegraph Road, Arnold, MO 63010****636-464-0787**

Serves Jefferson County only. Bring picture ID, social security card of all household members, proof of residency i.e., utility bill, and proof of income.

Regular Hours: Tuesday 9:00 a.m. - 11:30 a.m.

Emergency Food: Mon-Fri. 9:00 a.m.-4:00 p.m.

63016**THE PEACE PANTRY****6672 Veterans Drive, Cedar Hill, MO 63016****636-285-0934 /answers on pantry days**

Collection Hours: Monday – Thursday 9AM – 1PM or by appointment

Commodities: Tuesdays

Food to clients on Wednesdays: 6:30 p.m. - 7:30 p.m. and Thursdays: 9:00 a.m. - 12:00 p.m. or by appointment. Also has an answering machine.

Commodities are available one time per month to income-eligible families in the Cedar Hill, Dittmer, Catawissa, Grubville, Morse Mill and areas of Robertsville in Jefferson County. Clothing and emergency dental services are also available. Please call for further information.

63020**CONTACT DE SOTO****P. O. Box 552, De Soto, MO 63020****636-586-7300**

SERVICES OFFERED: Coordinated crisis help provided by churches and service organizations. Provides fuel for automobiles, some medical supplies and utilities.

63020**DE SOTO FOOD PANTRY****705 E. Stone at Flucom Road, De Soto, MO 63020****636-586-7300**

Fourth Saturdays: 8 a.m. – 11 a.m. Sometimes falls on the third Saturday if there is a Holiday.

Serves De Soto School District.

63026**FEED MY PEOPLE****3295 Ottomeyer Road, High Ridge, MO 63049****636-677-9885 client should call first****<http://www.feed-my-people.org/>**

Hours of Operation: Tuesday-Friday 9 a.m.-2:30 p.m. Saturday 9:30 a.m.-12 noon

SERVES: Northern part of Jefferson County 63025, 63026, 63049 and 63052. 63051 and 63066 - Commodities and Clothing.

63028**FIRST CHRISTIAN CHURCH (DISCIPLES OF CHRIST)****415 North Mill Street, Festus, MO 63028****636-937-3415**Serves: Festus, Crystal City, Hematite, Herculaneum, Horine and Pevely.
Show picture ID.**63028****FIRST UNITED METHODIST CHURCH****113 Grand Avenue, Festus, MO 63028-1840****636-937-6205**

SERVES: Residents of Festus/Crystal City only please. Residents may use the pantry once every two months and must show proof of residency and ID.

63028**LIVING FAITH CHURCH****2170 Buck Creek Road, Festus, MO 63028****636-937-0775**

HOURS OF OPERATION: Second Thursday 11a.m. – 2 p.m. Clients call.

63028**MASTER'S MEAL FOOD PANTRY****11533 Gamel Cemetery Road, Festus, MO 63028****636-937-0800**

Monthly distribution on the third Tuesday from 6:00 – 7:00 p.m. Call to sign up by the Friday before.

63028**OZARK FOOD PANTRY****#1 Sunset Park, Festus, MO 63028****636-933-9974**

Saturdays: 8:30 a.m. - 11:00 a.m.

SERVES: Festus, Crystal City, Hematite, Herculaneum, Horine and Pevely.

63070

JEFFERSON COUNTY RESCUE MISSION

EMERGENCY FOOD

8943 Commercial Blvd, Pevely, MO 63070-0211

636-475-3030

Mon - Fri. 9:30 a.m. - 2:30 p.m.

SERVES: Jefferson County and a portion of St. Louis County.

Collection Hours: 9:30AM to 2:30PM Weekdays

Distribution Hours: "If there's somebody here, somebody will feed them if they're hungry," said co-founder Louise Sardo. "We don't have set distribution hours."

63049

ALL GOD'S CHILDREN CAMP

5919 Antire Road, High Ridge, MO 63049

636-677-3777

HOURS OF OPERATION: Mon-Fri 8-4

63049

HIGH RIDGE FOOD PANTRY

3009 High Ridge Blvd., High Ridge, MO 63049

636-677-4868

Thursdays 3:30 p.m. to 5:00 p.m.

SERVES: High Ridge and House Springs

63051

HILLVIEW ACRES GOOD NEWS CHURCH

5608 Mark Trail, House Springs, MO 63051

636-677-4868

5608 Mark Trail

House Springs, MO 63051

Contact Person: Lester Benson

Emergency Food

63050

HILLSBORO FOOD PANTRY, INC.

10399 Business 21, Hillsboro, MO 63050

636-789-5920 / <http://hillsborofoodpantry.webs.com/>

Collection Hours: 7:00 a.m. to 12 noon Monday through Wednesday, 8:00 a.m. to 3:00 p.m. Thursday

Distribution Hours: 11:30 a.m. – 1:00 p.m. Thursday (subject to change)

Area Served: Hillsboro and Grandview school districts.

63051

HARMONY BAPTIST CHURCH

5326 Heads Creek Road, House Springs, MO 63051-2845

636-942-2325

HOURS OF OPERATION: Monday-Friday 9 a.m. – 2 p.m. Ask about the Harmony Food Program. Serves all of Jefferson County.

63052

ST. JOHN'S ST. VINCENT DEPAUL

4525 Highway 21, Imperial, MO 63052

636-287-9198 Client should call first.

***EMERGENCY FOOD Mon. – Sat ***

SERVES: St. John's Parish area only.

63052

SISTER CHRISTINE'S HELPING HANDS FOOD PANTRY

St. Joseph Catholic Church

6020 Old Antonia Road, Imperial, MO 63052

636-464-7580

Thursdays 8 a.m. – 10 a.m. **SERVES: Antonio, Barnhart, Imperial, Kimmswick, and Pevely.**

JEFFERSON COUNTY RESCUE MISSION**8943 Commercial Blvd. (Hwy 61-67)****Pevely, MO 63070****636-475-3030**<http://www.orgsites.com/mo/jeffersoncountyrescuemission/index.html>**5 DAYS A WEEK**

*The Mission provides AT NO COST, to those in need, food, clothing, bedding, furniture, large and small appliances, fans, air conditioning, personal care products.

7 DAYS A WEEK

*The Mission is an "Operation Weather Survival" site. For those who need a place to "be cool" or "stay warm" we offer a pleasant environment to sit and watch TV and enjoy some fellowship.

*An on-site soup kitchen - regularly inspected by the Health Department - where an individual or a family can receive a well-balanced meal.

*A Men's Encouragement Center: 3:00 p.m. - 7:00 a.m. for homeless men 21 years of age or older. Our goal is to do much more than take care of homeless men overnight. We want to help our men address the issues that have caused them to be homeless and then work with them to re-enter the mainstream of life.

ANNUAL PROGRAMS

*FREE school supplies for those families with school age children or Jefferson County students who need help.

*Thanksgiving Day meals are served at the Mission as well as delivered to those who are homebound.

*Christmas/Hanukkah food baskets, complete with presents, are available at the Mission for pick-up.

*FREE summer camp (Camp Peñuel) located at beautiful Lake Killarney in Ironton, Missouri. The camp is non-denominational, and its main focus is underprivileged youth ages 7 - 11. Free bus transportation is provided from the Mission in Pevely to Camp Peñuel and back.

ONGOING PROGRAMS/SERVICES

*Community Service Programs

*Men's Bible Study Group - every Wednesday (7:00 p.m.)

*Referrals to other organizations that is able to help with housing needs, medical assistance, substance abuse information and employment opportunities.

*A prescription drug card assistance program.

*An emergency dental referral program.

*FREE CONFIDENTIAL counseling support for those living an alternate lifestyle.

*Referrals to a church/pastor when spiritual assistance is requested.

HOUSING: SHELTERS FOR MEN

A HOUSING RESOURCE CENTER referral is required by most (but not all) of the shelters and transitional housing providers in this book. Call 314-802-5444 or go directly to 800 N. Tucker 63101

NEW LIFE EVANGELISTIC CENTER (NLEC)

1411 Locust St. 63103

www.newlifeevangelisticcenter.org 314-421-3020

NLEC is one of the very few walk-in shelters in the area. You do NOT need a Housing Resource Center referral. Women & children also accepted.

PETER & PAUL COMMUNITY SERVICES

1025 Park (Soulard) 63104

www.ppcsinc.org 314-588-7111 (Main number)

Assists homeless and near-homeless single men. 60-bed year-round emergency shelter, a 20-bed year-round transitional program, meals, showers, lockers, medical referrals, living skills classes, and case management. **The shelter is located 816 Allen, but you need a referral from the Housing Resource Center to get in.** Go to 800 N. Tucker early in the morning to see if they have beds available that night.

SALVATION ARMY ADULT REHAB CENTER

3949 Forest Park Ave. 63108

314-678-5500

Provides residential treatment and work in addition to group and individual therapy in a clean, wholesome environment.

SALVATION ARMY HARBOR LIGHT

3010 Washington 63103

314-652-3310

Note: This shelter closed in the summer of 2013. The building is now operating as a detox/rehab center and now accepts women. See page 44.

SUNSHINE MINISTRIES

1520 N. 13th St. 63106

www.sunshineministries.org 314-231-8209

Admission to the shelter is on a first-come, first-served basis. A guest may keep his bed for as many nights as he needs it, as long as he abides by the shelter rules.

www.craigslist.com

Many current housing and job listings and more.

HOUSING: SHELTERS FOR WOMEN

A HOUSING RESOURCE CENTER referral is required by most (but not all) of the shelters and transitional housing providers in this book. Call 314-802-5444 or go directly to 800 N. Tucker 63101

BRIDGEWAY

www.bridgewaycounseling.com

Bridgeway operates the only two emergency safe shelters and outreach centers in St. Charles and Lincoln Counties for women and children who are victims of domestic violence.

St. Charles County

The Women's Center in St. Charles

24-Hour Toll-Free Crisis Line 877-946-6854

Lincoln County

The Terry L. Robertson Center in Troy

24-Hour Toll-Free Crisis Line 877-462-1758

GATEWAY 180: HOMELESSNESS REVERSED

1000 North 19th St. 63106

www.gateway180.org 314-231-1515

The shelter provides emergency shelter services designed to get families into transitional or permanent homes in under 30 days. The shelter has 110 beds and provides comprehensive support services targeted to meeting its clients' specific needs. The organization works with Grace Hill and Washington University to provide health services.

HAVEN OF GRACE

1225 Warren 63106

www.havenofgracestl.org 314-621-6507

Residential facility that assists homeless, pregnant women with shelter, goal-setting, education, employment, parenting, household management, and permanent residence.

KAREN HOUSE

1840 Hogan St. 63106

www.karenhousecw.org 314-621-4052

Karen House is a Catholic Worker house of hospitality for homeless women and children. Although they work with the Housing Resource Center, they do accept walk-ins, based on availability. Call ahead for space.

KATHY WEINMAN CENTER

314-423-1117

Temporary, emergency shelter, court advocacy, professional therapy for women and children, support groups. Follow-up supportive services available. St. Louis County operates this shelter.

LYDIA'S HOUSE**www.lydiashouse.org 314-771-4411**

Community and faith-based domestic violence education, transitional housing, crisis intervention, court advocacy, support groups for women and children, case management.

NEW LIFE EVANGELISTIC CENTER**1411 Locust 63103****www.newlifeevangelisticcenter.org 314-421-3020**

HRC referral NOT required. They will take women and children.

OUR LADY'S INN**www.ourladysinn.org****St. Louis: 4223 South Compton 63111 314-351-4590****St. Charles: 3607 Highway D, Defiance 63341 636-398-5375**

Emergency maternity shelter for pregnant women, 18 and older and their minor children.

PLACES FOR PEOPLE**4130 Lindell Blvd. 63108****www.placesforpeople.org 314-535-5600**

Supportive emergency shelter and transitional housing for mentally ill adults, including homeless outreach programs.

QUEEN OF PEACE CATHEDRAL TOWER**325 N. Newstead 63108****www.qopcstl.org 314-531-0511**

Offers a 21 day drug treatment program for women as well as other services. Works with St. Phillipine's to provide housing.

ROOM AT THE INN**3415 Bridgeland Dr. 63044****www.roomstl.org 314-209-9198**

St. Louis County immediate, temporary, emergency shelter system for women and families, regardless of age or gender of the children. Churches provide locations. **A Housing Resource Center (HRC) referral is required.**

SALVATION ARMY FAMILY HAVEN**10740 West Page Ave. 63132****www.stlsalvationarmy.org 314-423-7770**

Will take families, but no single men. 120-day emergency shelter and resources.

**If you are in danger and need assistance, call the National Domestic Violence Hotline and they can connect you to resources in your area 24 hours a day, 7 days a week:
800-799-SAFE (7233)**

SHALOM HOUSE**1040 S Taylor 63110****www.shalomhousestl.org 314-534-1010**

The Shalom House 90-day, 25-bed provides emergency shelter for women suffering from persistent mental illness and/or chemical dependency. Shalom House also provides longer term transitional housing and various supportive services

ST. MARTHA'S HALL**www.saintmarthas.org 314-533-1313**

St. Martha's Hall is a confidential shelter for abused women and their children only. Services include individual and group counseling, legal advocacy, information, referral, and follow up. Clients must be female victims of domestic violence, 18 years old and up. The Hall does not admit males older than 13 years of age. Stays can be up to four months.

ST. PATRICK PARTNERSHIP CENTER**800 North Tucker 63101****www.stpatrickcenter.org 314-802-0700**

St. Patrick Center offers a limited number of beds for mentally ill women.

ST. PHILLIPINE EMERGENCY SHELTER**1015 Goodfellow 63112****314-454-1012**

They do not require a referral from HRC, but accept people who have gone through a program for drug rehab through Queen of Peace 60-day shelter, referrals to transitional housing.

WOMEN'S SAFE HOUSE**www.twsh.org 314-772-4535 (24-hour crisis hotline)**

A shelter for battered women and their children. Services include legal advocacy, housing referrals, support groups, children's programs, and limited transportation. Utilizes restorative justice practices.

ST. LOUIS COUNTY YOUTH CONNECTION HELPLINE:**877-928-2929****Childrens Advocacy Center - UMSL**

**314-516-6798 or visit the website: www.stlouiscac.org.
Counseling for children who have experienced abuse
and other forms of trauma.**

HOUSING: TRANSITIONAL

Most programs require a referral from the Housing Resource Center. Call 314-802-5444 to get the process started.

ALMOST HOME

3200 St. Vincent 63104

www.almosthomestl.org 314-771-4663

Almost Home is a transitional residence for teenage mothers with up to two children. The program is nine months long and may be extended.

BEYOND HOUSING

4156 Manchester 63110

www.BeyondHousing.org 314-533-0600

Supportive rental housing leading to home ownership in many cases. Also, programs to prevent foreclosure.

CENTER OF WOMEN IN TRANSITION

7529 South Broadway 63111

www.cwitstl.org 314/771-5207

The Center works with women who are re-entering the area after incarceration. CWIT is a comprehensive program to help women move from crisis to stability and self-sufficiency. Two transitional housing facilities in South St. Louis.

COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY (CAASLC)

2709 Woodson Rd. Overland 63114

www.caastlc.org 314-863-0015

CAASTLC has comprehensive housing assistance programs which include home ownership, housing counseling, and rent or mortgage assistance.

CRIMINAL JUSTICE MINISTRY

941 Park Ave. 63104

www.cjmstlouis.org 314-652-8062

IMPORTANT: The best chance of being accepted to these programs is to contact them at least 6 months before your release date, but parole officers can also refer once you are in the St. Louis area.

Release to Rent for Veterans

Limited openings in scattered supportive housing for qualified veterans who are homeless and have a criminal record.

Release to Rent

Up to a year of supportive housing for men completing long-term sentences who can work full time and are without community support.

APARTMENT LISTINGS:

www.craigslist.com

www.socialserve.com or 877-428-8844

DOORWAYS**4385 Maryland Ave. 63108****www.doorwayshousing.org 314.535.1919**

Provides housing and related supportive services to improve quality of life and health outcomes for people affected by HIV/AIDS.

FATHER DEMPSEY'S HOME**3427 Washington 63103****www.archstl.org/fatherdempseyscharities 314-535-7221**

Partially furnished apartments from \$260 per month for older men. Some meals are provided. Call for availability.

HARRIS HOUSE**8327 S. Broadway 63111****www.harrishouse.org 314-631-4299**

Harris House provides alcohol and drug rehab services to men and women age 18 and above, including a transitional housing program that provides subsidized housing for up to one year, with separate male and female residences.

HILLJACK HOUSE**www.hilljackhouse.org 314-255-3964**

Supportive sober apartment living in south city buildings for men and women trying to overcome substance addictions. Call or view their website for more information.

HOMELESS VETERANS PROGRAMS**515 N Jefferson Ave. 63103****www.va.gov/homeless 314-652-4100 Ext. 55460**

Provides intake, assessment, referral, counseling, consultation for rehabilitative services, and residential placement. Call for more information.

KAREN HOUSE**1840 Hogan St. 63106****www.karenhousecw.org 314/621-4052**

Karen House is a Catholic Worker house for homeless women and children. They work with the Housing Resource Center but also accept walk-ins.

MARYGROVE**2705 Mullanphy Lane Florissant 63031****www.marygrovechildren.org 314-830-6201**

Transitional housing and crisis care for children who are in need of emergency care due to homelessness, potential abuse/neglect, parental stress, etc.

MARIA DROSTE RESIDENCE, WOMEN IN NEED**7660 Natural Bridge 63121****www.mariadroste.com 314-383-1325**

Residential program, inpatient treatment. Rent by the week.

OXFORD HOUSE

2715 Osage St. 63118

www.oxfordhouse.org 314-772-6771†

National, self run, self supported, addiction recovery houses. Clients age 21 and older are eligible for subsidized rent and meals in separate buildings and programs for men and women. There are additional locations throughout the area. Call or check their websites under Houses/Directory to find Missouri locations.

PETER & PAUL COMMUNITY SERVICE

1025 Park (Soulard) 63104

www.ppcsinc.org 314-588-7111 (Main number) 314-621-5520

Candidates for the transitional program must be sober and drug-free for a minimum of 30 days and have a willingness to continue treatment. **Housing Resource Center referral is required. (314-802-5444)**

PLACES FOR PEOPLE

4130 Lindell Blvd. 63108

www.placesforpeople.org 314-535-5600

In addition to assisting people in renting apartments from private landlords, PfP also owns and manages apartments for people with special needs. Also limited emergency housing, and daytime activities at "The Club." Includes a drop-in Welcome Center.

QUEEN OF PEACE CATHEDRAL TOWER

325 N. Newstead 63108

www.qopcstl.org 314-531-0511

Offers a 21 day drug treatment program for women as well as other services. Works with St. Phillipine's to provide transitional housing.

SALVATION ARMY FAMILY HAVEN

10740 West Page Ave. 63132

314-423-7770

A 74-bed transitional housing resource for women and children with various programs focused on family stability.

SHALOM HOUSE

1040 S Taylor 63110

www.shalomhousestl.org 314-534-1010

24-month, semi-independent rehabilitation housing program for homeless women with a serious mental illness and/or chemical dependency.

STEPPING INTO THE LIGHT MINISTRY

1402 Hebert 63107 314-231-5175

90-day residential treatment program for drug and alcohol abuse. First 30-days probationary/in-house. Can be walk-in or referral. Call first if possible.

ST. LOUIS HOPE HOUSE**1611 Hodiamont Ave. 63112****www.hopehousestl.com 314-382-3801**

50 transitional housing apartments for homeless families, comprehensive social services, family development, vocational and educational counseling, housing placement assistance, on-site living skills classes, and day care.

ST. LOUIS HOUSING AUTHORITY**www.slha.org 314-531-4770****St. Louis City Housing Authority****3520 Page Blvd. 63106****Section 8 Waiting List: 314-286-4361****St. Louis County Housing Authority: 314 428-3200****8865 Natural Bridge Rd 63121****www.haslc.com 314-428-3200**

Administers low and moderate income public housing programs for St. Louis City and County.

SUNSHINE MISSION**1520 N. 13th St. 63106****www.sunshineministries.org 314-231-8209**

Call first or just show up. Offers a men's emergency shelter, men's long term rehabilitation program, women's emergency services, food pantry, and youth programming.

WOMEN'S SAFE HOUSE**P.O. Box 63010 63163****www.twsh.org 24 Hour Crisis Hotline 314-772-4535**

The Women's Safe House is a shelter for battered women and their children. Services include legal advocacy, community speaking and education, housing referrals, support groups, children's programs, and limited transportation.

YWCA-PHYLLIS WHEATLEY**2711 Locust 63103****314-533-9400 Ext. 227**

The facility provides apartments for single women for up to two years. Personal and career development services include: case management services, GED certification, educational and vocational assessment, counseling, job readiness training, job search and referrals, life skills. Call the above number for admission requirements.

www.ahl.mhdc.com

This website lists subsidized or affordable apartments by zip code:

www.hud.gov

This is the website for HUD, the Department of Housing and Urban Development.

www.va.gov/homeless

UTILITY HELP

Water Bill Assistance

Any individual or family whose water service is being provided by Missouri American Water and who is in danger of losing their primary source of water and meets the "basic needs" criteria as set by Community Action Agency caseworkers.

Call the Missouri American Water Customer Service Center toll-free at 1.866.430.0820. Or, you may contact the Community Action Agency in your area at 314.863.0015

Catholic Charities of St. Louis

(314) 367-5500

This agency offers over 100 different programs. They range from foreclosure and housing counseling, to rent and energy bill help, up through senior programs and child care.

They help people of all religions and ages. If you do not qualify for direct financial aid then social workers from Catholic Charities can provide legal support, guidance, and referrals to other St. Louis non-profits. Also children can explore special holiday programs.

Emergency Assistance Ministry

(314) 831-0879

This agency provides help to people in the zip codes of 63031, 63033, 63034, 63042. The non-profit provides emergency financial assistance with paying the last \$40.00 on utility and heating bills, rent, mortgage, housing, water bills and prescription medications.

Circle of Concern

(636) 861-2623

Circle of Concern supports western St. Louis County, Missouri. Food, emergency financial assistance for paying bills such as energy or rent may be available.

Salvation Army of Saint Louis

(314) 646-3000

They administer social services for families and individuals, including emergency shelter, utility help, day camps, substance abuse treatment, rent and housing expenses, senior centers, and child care services.

Society of St. Vincent De Paul of St. Louis

(314) 531-2183

They run several different programs for people in need including car repairs, free medications, legal counseling, food, clothing and other emergency aid.

Joint Neighborhood Ministry**(314) 771-3987**

This is a partnership of local churches. They can help address emergency needs of the working poor, low income, and those undergoing a hardship. The agency can provide free food, utility and heating bill assistance, counseling, a preschool, and other aid. St. Louis Missouri.

St. Louis Adventist Community Services**3221 Woodson Road****(314) 429-0216**

Has groceries, food, and meals. Other resources may be emergency heating bill or utility assistance to prevent a disconnection.

Jewish Services of St. Louis**10950 Schuetz Road****St. Louis, Missouri 63146****314-993-1000**

Some resources are available for low income families and other qualified seniors, regardless of religion. The charity can arrange for emergency financial aid in the form of cash grants. Funds may be used for paying heating bills, a partial rent payment, or eviction prevention. Other services include a food pantry, Elderlink for seniors in St. Louis and Money Management Classes. There are several different funds for families in crisis. They range from cash grants to low interest rate loans.

Humanitri**314-802-5440**

Focuses on housing, eviction prevention, and basic needs. Using grants from the Continuum of Care as well as Federal Emergency Management, there may be cash assistance for paying rent, security deposits, and homeless programs. Basic needs include clothing, free groceries from the Humanitri Food Bank, and referrals to other St. Louis non-profits may also be offered.

Franciscan Connection**(314) 773-8485**

People struggling can get respectful support and emergency financial assistance to low-income St. Louis area families in times of need of help or hardship.

HERCULANEUM UNITED METHODIST CHURCH**672 Main Street, Herculaneum, MO 63048****636-933-9974**

up to \$50 per client

Serves Dunklin R-5 school district.

MEDICAL

AFFORDABLE CARE ACT (Obamacare)

www.HealthCare.gov. and www.EnrollMissouri.org 800-318-2596

This is a 24-hour hotline that handles consumers' questions. The Missouri website www.EnrollMissouri.org is a portal for www.HealthCare.gov.

BEHAVIORAL HEALTH RESPONSE

www.bhrstl.org

24-hour Mental Health Crisis Line: 314-469-6644 or 800-811-4760

CALL FOR HELP, INC.

www.callforhelpinc.org 618-397-0968

Comprehensive crisis and other services in Metro East.

***DENTAL OPTIONS.* Many of the clinics listed here offer dental care.**

GRACE HILL NEIGHBORHOOD HEALTH CENTERS, INC.

www.gracehill.org

For an appointment, call 314-814-8700. Main number: 314-898-1700

FAMILY RESOURCE CENTER

3309 South Kingshighway 63139

www.frcmo.org 314-534-9350

Prevention and treatment of all forms of child abuse and neglect.

INSTITUTE FOR FAMILY MEDICINE

5000 Cedar Plaza Parkway Suite 300 63128 (South County)

www.ifm-stl.org 314-849-7669

Many clinics throughout the metro area and located in various schools and shelters. Call or visit website for locations and appointments.

PLANNED PARENTHOOD

www.plannedparenthood.org 314-531-7526

4251 Forest Park Ave. 63108 Main location (Many others throughout the area.) To schedule an appointment or for more information, call 800-230-PLAN (7526) Many health care services and testing.

PRESCRIPTION ASSISTANCE PROGRAM (PAP)

www.missouridrugcard.com

Print your own card at this website. Available to all Missouri residents.

SLU HEALTH RESOURCE CENTER, PRIMARY CARE CLINIC

www.medschool.slu.edu/hrc 314-389-0008

1408 N Kingshighway Blvd, Suite 213 63113

Saturdays, 9:00 a.m. to 12:00 p.m. Pediatric Clinic Saturday afternoons.

No appointments accepted. Sign-ups start at 8am.

Free clinics operated under the guidance of SLU doctors.

SOUTHERN ILLINOIS HEALTHCARE FOUNDATION

www.sihf.org 618-332-0694

A community-based, Federally Qualified Health Center (FQHC) network that serves predominately low income or medically underserved populations throughout 9 counties in southern Illinois.

THE ST. LOUIS INTEGRATED HEALTH NETWORK

1520 Market Street, Suite 4034 63103-2625

www.stlouisihn.org

A network of community health centers. Services include primary care, dental, eye care, vaccinations, prescriptions, and Urgent Care in some locations. A referral is not required. More locations outside St. Louis area.

BETTY JEAN KERR PEOPLE'S HEALTH CENTERS

www.phcenters.org

Central: 5701 Delmar Blvd. St. Louis 63112 314-367-7848

North : 11642 W. Florissant Ave. Florissant 63033 314-838-8220

West: 7200 Manchester Ave. Maplewood 63143 314-781-9162

CRIDER HEALTH CENTER www.cridercenter.org

St. Charles: 546 First Capital Drive, Suite 1 63301 636-946-4000

Union: 1780 Old Highway 50 East 63084 636-582-8100

Warrenton: 19515 Brune Parkway, 63383 636-456-1500

Wentzville: 1032 Crosswinds Ct. 63385 636-332-6000

FAMILY CARE HEALTH CENTERS www.fchcstl.org

Carondelet: 401 Holly Hills Ave. St. Louis 63111 314-353-5190

Forest Park Southeast: 4352 Manchester Ave. 63110 314-531-5444

GRACE HILL HEALTH CENTERS: www.gracehill.org

Murphy O'Fallon: 1717 Biddle St. 63106 314-814-8700

Soulard Benton: 2220 Lemp Ave. St. 63104 314-814-8700

South 3930 S. Broadway St. Louis 63118 314-814-8700

Water Tower 4414 N Florissant Ave. 63107 314-814-8700

MYRTLE HILLIARD DAVIS COMPREHENSIVE www.mhdchc.org

Comprehensive: 5471 Dr. Martin Luther King Dr. St. 63112 314-367-5820

Florence Hill: 5541 Riverview Blvd. St. 63120 314-389-4566

Homer G. Phillips: 2425 N. Whittier St. 63113 314-371-3100

ST. LOUIS EFFORT FOR AIDS

1027 S. Vandeventer Ave. Suite 700 63110

www.stlefa.org 314-645-6451

Free testing for AIDS, HIV, STDs. Primary care, medications, other services.

STRONG START FOR MOTHERS AND NEWBORNS

www.StrongStartforLife.com. 314-805-7081

Seven Signature Medical Group OB/GYN offices participate in this comprehensive services program for pregnant women who are Medicaid-eligible.

DREAM CENTER

4324 Margarettta 63115

314-381-0700.

Food pantry: Monday, Tuesday, Wednesday, Friday: 10:00 am-12:00 pm.
Saturday: 11:00 am-1:00 pm. Free clothing afternoons. Also laundries, haircuts and showers.

EMERGENCY FOOD STAMPS/SNAP PROGRAM

Info Line: 855-373-4636 Ext. 2

EBT Customer Service Line: 800-997-7777

3101 Chouteau 63103 314-256-7000

4411 N Newstead Ave., 3rd Floor 63115 314-877-2000

Income Maintenance: 314-877-2400

Post office boxes available where mail can be received.

HORIZON CLUB (Open 24 hours a day)

202 N. 23rd St. 63103

314-436-1733

This 24-hour safe haven offers showers, coffee, computers/internet access, microwave, laundry, lockers, access to transitional housing. Grace Hill nurses are available on Tuesdays from 2:00 pm-3:30 pm.

INTERSTATE BLOOD BANK

5121 Delmar Blvd. 63108

www.interstatebloodbank.com 314-367-5200

They will pay for donations. Call or check the website for requirements.

MERS/MISSOURI GOODWILL INDUSTRIES

1727 Locust St. 63103

www.mersgoodwill.org 314-241-3464

Job opportunities and counseling.

NATIONAL RUNAWAY CRISIS HOTLINE

24 hour confidential crisis hotline for youth who are runaways or considering running away and their families.

www.nrscrisisline.org 800-RUNAWAY

OUTREACH PROGRAM AT THE COLLEGE CHURCH PARISH CENTER

(Lower Level) 314-977-7308

3628 Lindell Blvd. just west of Grand 63108

Call for details on what's required to receive a birth certificate if you are a city resident. Sign in between 8:45 am and 9:30 am on Tuesdays or Wednesdays. Legal clinics 3rd Wednesday of the month starting at 9:15 am.

PANHANDLING

Ordinance #67918 relates to panhandling. It is unlawful to engage in aggressive panhandling. Any panhandling is unlawful under the following circumstances:

1. In any public transportation vehicle
 2. Within 50 feet of an automatic teller machine
 3. Within 30 feet of a public building entry
 4. At any sidewalk cafe
 5. Within 50 feet of any school
 6. At any bus stop, train stop or cab stand.
 7. Within 20 feet of any crosswalk.
 8. Within any municipal or government owned building, park, golf course, or playground.
 9. No panhandling after 8:00 pm and before 7:00 am.
- Violation of the ordinance can result in fines, community service, and/or imprisonment.

RESTROOMS**Christ Church Cathedral at 12th and Locust**

Open Monday-Saturday and restrooms are available, in addition to shelter from inclement weather. Coffee and donuts are served every Saturday morning.

STATE ID AND BIRTH CERTIFICATES**City Hall Room 126 1200 Market St. 63103**

314-622-4610

The Recorder of Deeds Vital Records Office issues certified copies of birth certificate. You may apply for a Certified Birth Certificate either in person or by mail. Cost: \$15.00. Be prepared to provide as many forms of ID as you can.

TRAVELERS AID**702 North Tucker 63103**

314-241-5820

Open Monday-Friday, 9:00 am-5:00 pm

They provide discounted bus fare for people wanting to leave St. Louis.

www.dmv.org/mo-missouri/id-cards.php

This website will give information about getting a state ID from the Department of Motor Vehicles.

www.missouridrugcard.com

Prescription assistance.

**The Health Centers listed on Pages 32-33 will usually take people on a walk-in basis with or without health insurance.
Most provide dental services.**

MISCELLANEOUS

BIG BROTHERS BIG SISTERS

www.bbbsemo.org

Headquarters: 501 N. Grand Blvd., Suite 100 63103 314-361-5900

St. Charles: 1236 Jungermann Rd., Suite G St. Peters 63376 636-939-2227

Enroll a child or volunteer.

CATHOLIC CHARITIES: COMMUNITY SERVICES MIDTOWN

1202 South Boyle 63110

www.midtowncc.org 314-534-1180

Several locations throughout area providing numerous services.

CLUB CATHEDRAL

Tucker and Locust 63103

314-231-3454

Coffee from 8:00 am-11:00 am Saturdays. Restrooms available every day.

CRISIS NURSERY

www.crisisnurserykids.org 314-768-3201

Serves parents, with children up to age 12, in poverty without resources.

DEPARTMENT OF VETERANS' AFFAIRS

(VA) 400 South 18th Street 63103

800-827-1000 www.va.gov

The VA interviews homeless veterans for service-connected disability or pension benefits, if eligible. Job referral service is available through the Missouri State Employment Service.

EPWORTH CHILDREN and FAMILY SERVICES

110 N. Elm Ave. 63119

www.epworth.org 314-961-5718

Residential and Intensive Treatment. Serves youth ages 11 to 18 who are experiencing an emotional, mental or behavioral crisis. Foster care and transitional housing. Outreach program: 314-222-4877.

FOR SMOKERS: Quitline number: 800-QUIT-NOW (800-784-8669)

FREE GOVERNMENT CELL PHONES

www.freegovernmentcellphones.net/states/missouri

If you are receiving any form of government benefits or meet income guidelines, you may qualify. There is a list of Missouri providers on the website.

GED HOTLINE 800-626-9433

www.gedtestingservice.com

The GED test is now only offered on computer.

JEFFERSON ONLINE INFORMATION NETWORK (JOIN-N)**www.join-n.org**

A comprehensive list of resources and information throughout Jefferson County, including housing and employment services.

PARENT LINK**www.parentlink.missouri.edu 800-552-8522 En Español: 888-460-0008**

Answers and options regarding parenting concerns. Support for incarcerated parents. The website has many resources.

PEOPLE'S HEALTH CENTERS**5701 Delmar Blvd. 63112****www.phcenters.org 314-367-7848**

Provides a wide range of health care and social services. Call or search their website for more information and addresses of locations.

PLANNED PARENTHOOD**4251 Forest Park Ave. 63108** Main location. (Many others throughout the area.)**www.plannedparenthood.org 314-531-7526**

To schedule an appointment or for more information, call 800-230-PLAN (7526)
Many health care services and testing.

REDEVELOPMENT OPPORTUNITIES FOR WOMEN**www.row-stl.org****City Office: 306 North Tucker 63101****314-588-8300****County Office: 2709 Woodson Rd. Overland 63114****314-863-0236**

A variety of programs, including housing, for battered women and their children. The emphasis is on financial independence.

SOCIAL SECURITY**717 N. 16th Street 63103.****www.socialsecurity.gov 800-772-1213****ST. PATRICK PARTNERSHIP CENTER****800 North Tucker 63101****314-802-0700**

The Partnership Center provides home living skills training and open market housing for individuals referred by agencies within the Homeless Services Network. Employment training, child care, GED, and vocational referrals available.

STD TESTING CENTERS**866-693-4517**

Same day testing for the 8 most common sexually transmitted diseases. Located throughout the greater St. Louis metro region. This phone number provides information about locations and the process.